

CATHEDRAL

A CATHOLIC SCHOOL • GRADES 6-12



# Course Catalog

2024 - 2025

MIDDLE SCHOOL

The Right School **Does** Make a Difference

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 A MEMBER OF CATHOLIC COMMUNITY SCHOOLS

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# Welcome to Cathedral

## HOW TO USE THIS COURSE CATALOG

This book is designed to help you select the right courses for your educational journey at Cathedral Middle School. Following the guidelines set forth in this book will build your academic preparedness for high school, develop your interests, and support your social and emotional growth. To start, read through the Registration Information to get a good sense of how to register and what the requirements are. Next, read through the course descriptions. These are organized by subject which are listed alphabetically. It is recommended to look ahead to future courses you may want to take so you can work towards satisfying the prerequisites.

When choosing classes, plan to take classes that are progressively more difficult and that challenge you to develop your knowledge base and skills. Equally important is selecting a variety of classes to explore and discover interests and talents of which you may be unaware. Be prepared to overcome difficulties through determination and follow through, and know that we at Cathedral have your back!

## REGISTRATION PROCEDURES

1. Study the course catalog. Check that you have met the prerequisites for each desired course.
2. Discuss choices with your parents /guardians and the school counselor.
  - Current Cathedral students will turn in their course registration forms and register for courses during the school day.
  - A registration night will be held for all new students to register for classes and for any current students who may need additional assistance.
3. If for any reason a course becomes unavailable, we will do our best to honor the student's choice of alternative courses in their order of preference.

## COURSE CHANGES

Requests for course changes should be submitted prior to the start of the 2024-2025 school year and require the consent of parent(s)/guardian(s) and school administration. This consent does not guarantee that the requested change will be made to the student's schedule. After the second week of the semester, no courses may be dropped from a student's schedule. If registered for a year long course (2 semesters), a student is expected to remain enrolled in the course for the entire year.

If recommended by the teacher, a student may be changed to a different level of a course if past performance and testing indicate the change would be beneficial to the student.

# REQUIRED COURSES BY GRADE

## SIXTH GRADE

ART .....	1/4 credit
ENGLISH: Grade 6 English/Literature .....	1 credit
INTERDISCIPLINARY: Crusader Class Culinary Class .....	1/4 credit
MATH: Grade 6 Mathematics, Pre-Algebra, Linear Algebra or Intermediate Algebra .....	1 credit
MUSIC: Grade 6 Band or Grade 6 Choir .....	1/2 credit
PHYSICAL EDUCATION: Phy-Ed Grade 7 .....	1/2 credit
RELIGION: Grade 6 Religion .....	1/2 credit
SCIENCE: Science 6 .....	1 credit
SOCIAL: Minnesota History .....	1 credit
WORLD LANGUAGE: Cultural Experience.....	1/2 credit

## SEVENTH GRADE

ART .....	1/2 credit
ENGLISH: Grade 7 English/Literature .....	1 credits
HEALTH: Health 7 Skills for Adolescence .....	1/2 credit
INTERDISCIPLINARY: Crusader Class	
MATH: Pre-Algebra Prep, Pre-Algebra, Linear Algebra or Intermediate Algebra .....	1 credit
MUSIC: Grade 7 & 8 Band or Grade 7 & 8 Choir .....	1/2 credit
PHYSICAL EDUCATION: Phy-Ed Grade 7 .....	1/2 credit
RELIGION: Grade 7 Religion .....	1/2 credit
SCIENCE: Science 7 .....	1 credit
SOCIAL: American History .....	1 credit

## EIGHTH GRADE

ENGLISH: Grade 8 English/Literature .....	1 credit
INTERDISCIPLINARY: Crusader Class	
MATH: Pre-Algebra Prep, Pre-Algebra, Linear Algebra, Intermediate Algebra or Geometry .....	1 credit
PHYSICAL EDUCATION: Phy-Ed Grade 8 .....	1/2 credit
RELIGION: Grade 8 Religion .....	1/2 credit
SCIENCE: Science 8 .....	1 credit
SOCIAL: Geography 8 .....	1 credit

# Course Offerings

## Engineering

### ELECTIVE

Gr. 8	Computer Coding
Gr. 8	Computer Science Discoveries
Gr. 8	Gateway to Engineering & Design

### Computer Coding Gr. 8 1/2 credit (2461)

This course will build on the skill sets gained in CSD (web, game & app design). The course will focus on learning various computer languages, as well as other topics in computer science.

*Prerequisite:* Completion of Computer Science Discoveries

### Computer Science Discoveries Gr. 8 1/2 credit (1459 or 2459)

Computer Science Discoveries is an introductory computer science course. It will include coding (programming), web design, interactive games, animation, data analysis and more! This class will empower students to create authentic artifacts and engage with computer science as a medium for creativity, communication, problem solving, and fun.

### Gateway to Engineering and Design Gr. 8 1/2 credit (1196 & 2196)

All year every other day (1196 & 2196) This is a Project Lead the Way course. Students apply the design process to solve problems and understand the influence of creativity and innovation in their lives. They work in teams to complete design challenges. Students create virtual images of designs and learn to use the same software as industry professionals. Students learn about mechanical systems, energy transfer, machine automation, and computer control systems. Students use the VEX Robotics platform to design, build, and program real-world objects such as traffic lights, toll booths, and robotic arms.

## English

### REQUIRED

Gr. 6	Grade 6 English/Literature
Gr. 7	Grade 7 English/Literature
Gr. 8	Grade 8 English/Literature

### Grade 6 English/Literature Gr. 6 1 credit (1609 & 2609)

This course challenges students to engage with literary texts, analyze what they read and make connections to their lives and the world. Students will study the characteristics of a variety of literary genres (fiction, drama, poetry, and nonfiction) through reading and writing. Students will build on their knowledge of the English language through word analysis, grammar, the conventions of writing and speaking. Students will create well-developed examples of writing for various purposes including narrative, argumentative, and expository. Students will collaborate with their peers.

### Grade 7 English/Literature Gr. 7 1 credit (1610 & 2611)

This course teaches students the building blocks of reading and writing including basic composition, grammar, and usage skills. Students will learn to use the writing process to generate, develop, and organize short writing assignments. Collaborative work and projects are a staple of the class. From writing fictional narratives to original screenplays, students will share their creativity and knowledge with their peers. Students will use a wide variety of technology to enhance their work, with a special emphasis on mastering iMovie. Using a wide array of both online and text sources, students will read a variety of literature including novels, poetry and plays.

### Grade 8 English/Literature (1616 & 2617) Gr. 8 1 credit

This course builds on the basics of composition, grammar and usage, with heavy concentration on the writing process. Students will practice daily writing, vocabulary, reports, modeling, and reading aloud, with required independent reading. The Literature unit focuses on themes with which students can relate and which challenge them to think critically about the world around them. Two novels are studied in detail. Various short stories, non-fiction, theater productions, media, poetry, creative writing, and mythology are taught as literary forms, each with a strong writing component.

## Interdisciplinary

### REQUIRED

Gr. 6	Crusader Class
Gr. 6	Culinary Class
Gr. 7	Crusader Class
Gr. 8	Crusader Class

### Crusader Class Gr. 6 (1994 & 2994)

### Crusader Class Gr. 7 (1997 & 2997)

### Crusader Class Gr. 8 (1991 & 2991)

During this class, students will have the opportunity to work in small groups, with teachers, to ensure success in core academic classes. Campus Ministry, Student Council and other student leadership and service opportunities will be woven into this class. Students will engage in social and emotional learning activities, study halls, assemblies and special activities.

Crusader class fee: \$50.00

### Culinary Class Gr. 6 1/4 credit (1989 or 2989)

Students will learn basic nutrition, food preparation, consumerism, and food presentation. Students are introduced to the concepts of safety and sanitation; kitchen tool selection, care, and proper usage; measurements, meal planning and nutrition; label and recipe reading; baking basics; and simple food preparation.

Culinary course fee: \$30.00

## Math

All 5th grade students must take a mathematics placement test. The results of this test and previous performance will be used to determine the class into which the student will be placed. This as well as student grade point average will determine which course sequence (listed below) they will follow.

*If a student is placed in an accelerated math course, that student must maintain a "B" to stay in their accelerated course.*

### REQUIRED

One of four of the following sequences:

6th Grade	7th Grade	8th Grade
Mathematics 6	Pre-Algebra	Pre-Algebra
Mathematics 6	Pre-Algebra	Linear Algebra
Pre-Algebra	Linear Algebra	Intermediate Algebra
Linear Algebra	Intermediate Algebra	Geometry

# Course Offerings

**Intermediate Algebra** Gr. 7-8 1 credit  
(1204 & 2204)  
This course is in the accelerated sequence for 7th and 8th graders. Areas of concentration are equation solving and graphing. Linear, quadratic, exponential, and rational relationships are introduced.

Each student needs a scientific, non-graphing calculator. **ACCELERATED STUDENTS MUST MAINTAIN A "B" TO STAY IN THIS COURSE.**

**Geometry** Gr. 8 1 credit  
(1214 & 2215)  
This course is the study of points, lines, planes and solids and the examination of their properties, measurements and mutual relationships in space. Formal proofs, congruency, similarity, right triangle trigonometry, coordinate geometry, area and volume of figures are some of the topics covered. Geometry Sketchpad will be used to discover and explore geometric principles.

**Linear Algebra** Gr. 6-8 1 credit  
(1656 & 2656)  
This course is in the regular sequence for 8th graders and the accelerated sequence for 7th grade. Topics include integers, rational numbers, simplifying multi-variable expressions, multi-step equation solving, graphing linear equations, properties of exponents, and probability. **ACCELERATED STUDENTS MUST MAINTAIN A "B" TO STAY IN THIS COURSE.**

**Pre-Algebra** Gr. 6-8 1 credit  
(1658 & 2659)  
This course covers algebraic reasoning, integers, decimals, fractions, proportions, percents, data analysis, probability, measurement and geometry.

**Pre-Algebra Prep** Gr. 7 1 credit  
(1662 & 2662)  
This course will investigate the multiple representations of numbers such as integers, fractions, decimals, percents, and proportions, and work towards mastery of the computation of those numbers. Basic introductory algebra is covered such as solving linear equations and inequalities. Students will learn how to work with the coordinate grid and solve real-life problems involving mathematics. *Teacher placement only.*

**Mathematics 6** Gr. 6 1 credit  
(1654 & 2654)  
This course covers fractions, decimals, percents, operations, ratios, rates and reasoning, patterns, and functions. Topics also include algebraic reasoning, geometric figures, probability and introduction to pre-algebra.

**Grade 6 Band** Gr. 6 1/2 credit  
(1685 & 2685)  
**Grade 7 & 8 Band** Gr. 7-8 1/2 credit  
(1681 & 2681)  
Full year elective that meets every other day. All students receive individual or small group lessons during school. Performances include a fall and spring concert, and other special events. All students must have had at least one prior year of instrument lessons.

**Grade 6 Choir** Gr. 6 1/2 credit  
(1682 & 2682)  
Do you love to sing, kinda like it, or maybe even just hum in the shower? Then 6th grade choir is the place for you! This choir provides challenging and fun choral experiences while students' voices are in the process of changing and growing. Rehearsals focus on basic vocal technique, music literacy, music theory, two to three-part singing, and most importantly, having fun while doing it. 6th grade choir performs two times per year.

**Grade 7 & 8 Choir** Gr. 7-8 1/2 credit  
(1687 & 2688)  
Do you love to sing, kinda like it, or maybe even just hum in the shower? Then 7-8 choir is the place for you! This choir is designed to provide challenging and fun choral experiences, all while students' voices are in the process of changing and growing. Rehearsals focus on basic vocal technique, music literacy, music theory, two to three-part singing, and most importantly, having fun while doing it. 7-8 choir performs two times per year.

## Physical Education & Health

### REQUIRED

Gr. 6	Physical Education 6
Gr. 7	Physical Education 7
Gr. 8	Physical Education 8
Gr. 7	Health 7 Skills for Adolescence

**Physical Education 6** Gr. 6 1/2 credit  
(1675 & 2675)  
**Physical Education 7** Gr. 7 1/2 credit  
(1677 & 2677)  
**Physical Education 8** Gr. 8 1/2 credit  
(1676 & 2676)

This co-ed program includes a variety of units making it possible for all students to gain gross-motor skills and learn rules and strategies of the activities. Emphasis is placed on enjoyment and good sportsmanship. Units included in the curriculum include team building, juggling, bowling, fitness, and individual and team sports.

**Health 7 Skills for Adolescence** Gr. 7 1/2 credit  
(1680)  
Skills for Adolescence helps young people learn to deal with the challenges of our complex society by offering growth experiences and teaching specific coping skills. The program places special emphasis on preventing drug and alcohol abuse and related problems. It is based on the premise that the time to address these problems and keep them from hurting young people is before they start.

## Performing Arts

### REQUIRED

Gr. 6 & 7 All 6th & 7th graders are required to take one of the following year long music courses:  
Band or Choir

### ELECTIVES

Gr. 8 Grade 7 & 8 Band  
Gr. 8 Grade 7 & 8 Choir

# Course Offerings

## Religion

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Our Middle School Religion program seeks to empower young people to live as disciples of Jesus Christ, actively engage them in their role as in the Church, and foster their growth spiritually, academically, personally and morally.

Middle School students arrive at Cathedral with a diversity of faith experiences and backgrounds. Our program will continue to build on these experiences as we strengthen the Eucharistic foundations rooted in Catholic Tradition and values. Religion classes will guide students towards a deeper understanding of their faith and prepare them for more in depth theological explorations in high school.

Our program will follow the rich experiences laid out in the Liturgical year, as well as weave sacred scripture into our daily lessons. The goal of this program is to help our students grow in relationship with Jesus, which leads them to the love of the Father; and out of this love, guide students to reach out to their neighbors in service.

Cathedral Middle School religion curriculum follows the five pillars of faith as designated in the St Cloud Diocese Faith Formation Standards.

1. Scripture
2. Prayer and Celebration
3. Catholic Tradition
4. Morality
5. Catholic Social Teaching

### REQUIRED

Gr. 6	Grade 6 Religion
Gr. 7	Grade 7 Religion
Gr. 8	Grade 8 Religion

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#### **Grade 6 Religion**                      **Gr. 6**                      **1/2 credit** (1689 & 2689)

This course provides the foundation for the academic study of the Catholic faith. Students will learn about the mystery of Christ as they participate in various forms of liturgy throughout the year. The study of scripture will illuminate the biblical salvation history through the Covenant relationships with God. Students will evaluate moral choices made by figures in the Bible, as well as be able to explain the morality behind the Ten Commandments and the Beatitudes. The Cathedral Service Learning program is introduced at this level.

#### **Grade 7 Religion**                      **Gr. 7**                      **1/2 credit** (1720 & 2720)

The purpose of this class is to expand on the understanding of the Mass, and recognize the Eucharist as the “source and summit of the Christian life.” Students will also learn, practice, and lead different methods and styles of prayer. As students deepen their understanding of Church tradition, they will see examples of how faith helps us navigate the joys and challenges of life. Students will explore Christian Scripture and learn how society can be transformed by implementing Catholic Social Teachings that strive to create the kingdom of God on Earth. Students will identify steps in moral decision making and develop strategies for living out our Christian discipleship. Students will reflect on the Corporal and Spiritual Works of Mercy and how they can be integrated into the Cathedral Service Learning program.

#### **Grade 8 Religion**                      **Gr. 8**                      **1/2 credit** (1721 & 2721)

In this class students learn about the role of Easter as the

pinnacle of the liturgical year and the call to discipleship which developed out of Biblical events. Students will realize the benefits of the sacramental life both personally and in community. As students explore the Church’s teachings, they will develop moral conscience in regards to the dignity of the human person, human life, and human sexuality. Students will be guided to identify the gifts and talents God has given each of them, which they will use to create a service learning project. As a final project, students will create a personal moral code of conduct based on Catholic moral teachings.

## Science

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### REQUIRED

Gr. 6	Science 6
Gr. 7	Science 7
Gr. 8	Science 8

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#### **Science 6**                                      **Gr. 6**                                      **1 credit** (1709 & 2709)

This course will focus on scientific inquiry and engineering. It will cover analyzing and interpreting data, developing and using models, designing solutions, problem solving, critical thinking, and obtaining, evaluating, and communicating information. Units will include Energy and Matter; the Water Cycle; Weather and Climate; Humans and the Universe; and find resources.

#### **Science 7**                                      **Gr. 7**                                      **1 credit** (1730 & 2730)

7th Grade Science explores scientific processes and principles, and leads students to conduct investigations and engage in labs around the topics of Cell and Life, Cell Division, Reproduction of Organisms, Body Systems, and Energy.

#### **Science 8**                                      **Gr. 8**                                      **1 credit** (1731 & 2731)

8th grade science builds upon students’ knowledge gained in grades 6 and 7, with a focus on developing good laboratory techniques and scientific thinking. Experiments and demonstrations are used throughout the year to complement and further cement the subject matter. Units of study include introductory chemistry, evolution, energy and motion, waves, and light.

## Social Studies

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### REQUIRED

Gr. 6	Minnesota History
Gr. 7	American History
Gr. 8	Geography 8

### ELECTIVE

Gr. 8	What’s Trending
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#### **American History**                      **Gr. 7**                      **1 credit** (1710 & 2711)

This course will cover US History from the indigenous people that first inhabited the continent through modern America. Along the way, students will draw comparisons between different periods of our history including events occurring today. Students will complete numerous interactive activities such as mapping, presentations, and analysis of primary and secondary sources. Students will develop strong writing, analytical, and critical thinking skills throughout the course.

# Course Offerings

**Geography 8** Gr. 8 1 credit  
(1712 & 2713)  
Geography for grade 8 will be a study of the physical and human geography of the nations/regions of the Western Hemisphere and Europe. Human & environmental issues will be explored using case studies.

**Minnesota History** Gr. 6 1 credit  
(1714 & 2714)  
This course will explore the history of our great state of Minnesota, from its geographic formation to modern day society. Many areas of social sciences will be covered in this course, including geography, history, political science, archaeology, linguistics, and sociology. Classwork will include hands-on projects, analysis of primary and secondary sources, mapping, and presentations. The course may also include field trips and guest speakers.

**What's Trending** Gr. 8 1/2 credit  
(2453)  
This course will examine local, state, national, and international current events. Students will develop an appreciation and understanding of various viewpoints and the implications they have on today's world. This course may include field trips, guest speakers, and presentations.

## Visual Arts

### REQUIRED

Gr. 6 Grade 6 Art  
Gr. 7 Grade 7 Art

### ELECTIVE

Gr. 8 Intro to Art

**Grade 6 Art** Gr. 6 1/2 credit  
(1602 & 2602)  
The 6th grade students will explore several mediums of expression in a TAB classroom (teaching artistic behaviors) where they will learn to "think like artists." This style of learning develops critical thinking, problem solving, and creativity skills in a highly structured studio environment. Available tools and art materials are introduced to students who then access and arrange these materials independently to initiate and explore their artwork with clear set expectations for self-directed learning.

**Grade 7 Art** Gr. 7 1/4 credit  
(2605)  
7th grade art students will work with several mediums. A strong focus on experimentation allows for the further development of the right side of the brain. Students will be introduced to the elements and principles of design. They also will be exposed to many artists and their techniques.

**Intro to Art (every other day)** Gr. 8 1/2 credit  
(1607 and 2607)  
Eighth grade students will enhance their knowledge of art elements and principles of design with their imagination and creativity by expressing themselves in a tangible, visual way. Students will be guided to partake in various two and three dimensional activities designed to encourage decision making and problem solving. Students will stretch their imaginations, exercise and develop their skills, and increase their critical thinking and creative problem

solving abilities.

## World Languages

### REQUIRED

Gr. 6 Cultural Experiences  
Gr. 7 Language Exploratory

### ELECTIVES

Gr. 6 Middle School Spanish I  
Gr. 7-8 Middle School Spanish II  
Gr. 8 American Sign Language I  
Gr. 8 Chinese I  
Gr. 8 German I  
Gr. 8 Spanish I

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**American Sign Language I** Gr. 8 1 credit  
(1276 & 2276)

This is a beginning level course in American Sign Language (ASL). It introduces students to the fourth most commonly used language in the U.S.. Students will learn basics of ASL including grammar, sentence structure, vocabulary, finger spelling, and numbers, and begin building conversational skills. Students will be introduced to deaf culture. Lessons will be enhanced through projects, presentations, skill-building activities and games. If a student wishes to continue their studies of ASL into high school, ASL has been recognized by the state as fulfilling the foreign language requirement for high school graduation plans.

**Cultural Experiences** Gr. 6 1/2 credit  
(1624 & 2624)

This course studies the world map, exploring the five themes of geography and human-environment interactions. Students study how geography affects culture and discover cultural regions throughout the world. The course also touches on different types of government and economic systems throughout the world.

**Language Exploratory** Gr. 7 1/2 credit  
(1239 & 2239)

This course introduces students to the languages offered at Cathedral. Students will spend one quarter building awareness of the value of learning another language. Students will be introduced to American Sign Language, Chinese, German and Spanish. By the end students will begin to comprehend the process of second language acquisition and will be able to make a more informed choice as to which language to study the following year.

**Chinese I** Gr. 8 1 credit  
(1240 & 2241)

In Chinese I the emphasis is on oral communication first. Students will learn to understand & participate in conversations and narratives about several topics in Chinese, such as greetings, self-introductions, and how to ask dates and time. They will learn to talk and write about themselves, their families and their hobbies. They will be able to write more than 200 Chinese characters, building a solid foundation for future study. Besides language, students will have many opportunities to learn about Chinese culture, for instance Kung Fu and Chinese calligraphy.



# Course Offerings

**German I**                      **Gr. 8**                      **1 credit**  
(1250 & 2251)  
Level 1 German concentrates on speaking skills in the home and school setting. Level 1 students will be able to greet other students, talk about their friends and families, and discuss what they like to do in their free time. Students will be able to meet their basic needs like ordering food in a restaurant, or buying clothes and school supplies. They will also learn to write about these topics and read practical material such as signs, advertisements, and short menus.

**Middle School Spanish I**                      **Gr. 6**                      **1/2 credit**  
(1622 & 2622)  
This course is designed for students coming from CCS elementary schools with a Spanish language program. It is a continuation of the study of Spanish language. Focus will be on developing vocabulary, conversational skills and grammar. It also explores different cultures and traditions in Spanish-speaking countries.

*Teacher recommendation required.*

**Middle School Spanish II**                      **Gr. 7**                      **1/2 credit**  
(1622 & 2622)  
Middle School Spanish 2 is a course offered to 7th graders who have successfully completed MS Spanish 1. The course continues to develop speaking, listening, reading and writing skills. Conversational topics include include celebrations, pastimes, vacations, shopping, daily routines and dining.

Note: This course does not fulfill high school world language requirements; rather, it allows students to begin their freshman year with Spanish II or III, working toward the goal of language fluency.

*Teacher recommendation required*

**Spanish I**                      **Gr. 8**                      **1 credit**  
(1260 & 2261)  
In Spanish 1, students will make connections to their lives and to the practices and perspectives of Spanish-speaking cultures through a study of a variety of topics, including information about yourself and others, the school day, your family, places to visit, activities, modes of transportation, and eating preferences. Throughout the study of these topics, students will focus on the three modes of communication: interpretive, interpersonal, and presentational. By the end of the course, students will be able to converse with other students about the topics listed above, interpret and understand parts of readings and video/audio clips about these topics, and write and present about these topics.

## Spanish program for 2024-2025:

Grade 6                      6th grade students will take Middle School Spanish I every other day. They will drop Cultural Experiences to take this course.

Grade 7:                      7th grade students who completed Middle School Spanish I in 6th grade will take Middle School Spanish II in 7th Grade. This course will be every other day. They will drop Language Exploratory to take this course.

If the student took Spanish II in 6th grade, they will take Spanish III in 7th grade.

Grade 8:                      8th Grade students who took MS Spanish II in 7th grade will be placed in Spanish II or III based on teacher recommendation.

# Grade 6-8 Activities

## Grade 6, 7, 8 Athletics and Activities

Over 95% of our students are involved in a sport or activity – get involved!

Please visit [www.cathedralcrusaders.org](http://www.cathedralcrusaders.org) and choose “Student Life” to view more information on each sport or activity. All athletics have a fee associated with them and registration/payments takes place through your Parent Powerschool account. Financial Assistance and/or payments are available. All students participating in athletics must have a current (within 3 years) sports physical on file at Cathedral.

### 6th grade Fall Sports

Boys & Girls Bowling (can practice but can't compete until 7th)  
Boys & Girls Cross Country (6th-12th grade team)  
Boys & Girls Soccer – Catholic Youth Sports (4th-6th)  
Football – Catholic Youth Sports (5th-6th)  
Volleyball – Catholic Youth Sports (4th-6th)

### 6th grade Winter Sports

Boys & Girls Basketball – Catholic Youth Sports (4th-6th)  
Boys & Girls Nordic Ski (6th-12th grade team)

### 6th grade Spring Sports

Boys & Girls Track & Field (6th-12th grade team)  
Boys & Girls Trap Shooting Team (6th-12th grade team)  
Baseball – Catholic Youth Sports (4th-6th)  
Softball – Catholic Youth Sports (4th-6th)

### 7th & 8th grade Fall Sports

Boys & Girls Bowling  
Boys & Girls Cross Country  
Boys & Girls Soccer  
Football  
Girls Swim & Dive  
Girls Tennis  
Performance Dance Team  
Volleyball

### 7th & 8th grade Winter Sports

Boys & Girls Alpine Ski  
Boys & Girls Basketball  
Boys & Girls Nordic Ski  
Boys Swim & Dive  
Competition Dance Team  
Wrestling

### 7th & 8th grade Spring Sports

Boys & Girls Golf  
Boys & Girls Lacrosse  
Boys & Girls Track & Field  
Boys Tennis  
Baseball  
Softball  
Ultimate Frisbee (Club Sport)

## 6th-8th grade Activities

Art Club \*  
Campus Ministry  
Jazz Band \*  
Math Counts \*  
Yearbook  
Orchestra  
Speech \* (only 7th/8th grade)  
Student Council  
Theatre \*  
Science Club/Robotics  
\* = fees + registration for these activities

### Questions?

#### Athletic Director

Emmett Keenan  
[ekenan@cathedralcrusaders.org](mailto:ekenan@cathedralcrusaders.org)  
320-257-2130

#### Activities Assistant / 6-8 Coordinator

Julie Murphy  
[jmurphy@cathedralcrusaders.org](mailto:jmurphy@cathedralcrusaders.org)  
320-257-2120

(Fall sports/activity registration opens AFTER July 1st)