




September 2023



Mon	Tue	Wed	Thu	Fri	
 CATHEDRAL <small>A CATHOLIC SCHOOL GRADES 6-12</small>	<p>Milk served daily with every meal - Chocolate Skim Milk, White Skim Milk, White 1% Milk</p> <p>Whole Grain Sliced Bread, Romaine Lettuce, and Fresh Veggie Sticks served daily.</p> <p>Alternate Entrees available daily - Premade Salads, Cold Sandwiches, and Yogurt</p> <p>Gluten Free options available upon request.</p> <p>Menu is subject to change due to product availability.</p>			 CATHEDRAL <small>A CATHOLIC SCHOOL GRADES 6-12</small>	1
 CATHEDRAL <small>A CATHOLIC SCHOOL GRADES 6-12</small>	4	5	6	7	8
	<p>Entree 1: *Chicken Gravy with Mashed Potatoes</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Steamed Broccoli *Strawberry Applesauce *Mandarin Oranges</p>	<p>Entree 1: *Beef Cheese Nachos</p> <p>Entree 2: *Spicy Chicken Sandwich</p> <p>Sides: *Salsa *Black Beans *Canned Peaches *Canned Pineapple</p>	<p>Entree 1: *Grilled Cheese/Tomato Soup</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Buttery Green Peas *Banana *Canned Cinnamon Apples</p>	<p>Entree 1: *Homemade Pizza</p> <p>Entree 2: *Grilled Chicken Sandwich</p> <p>Sides: *Cooked Carrots *Fresh Sweet Peppers *Canned Pears *Fresh Apple *Ice Cream Cup</p>	
11	12	13	14	15	
<p>Entree 1: *Taco in a Bag</p> <p>Entree 2: *Crispy Chicken Sandwich</p> <p>Sides: *Refried Beans *Shredded Lettuce *Canned Fruit Cocktail *Juice Cup</p>	<p>Entree 1: *Chicken Parmesan Sandwich</p> <p>Entree 2: *Hamburger</p> <p>Sides: *California Blend Veggies *Canned Pineapple *Fresh Pears</p>	<p>Entree 1: *Sloppy Joes</p> <p>Entree 2: *Spicy Chicken Sandwich</p> <p>Sides: *Buttery Corn *Coleslaw *Fresh Green Apple *Canned Peaches</p>	<p>Entree 1: *Hotdog (2)</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Potato Chips *Cooked Carrots *Fresh Grapes *Canned Pears</p>	<p>Entree 1: *Hamburger Pasta Hotdish</p> <p>Entree 2: *Grilled Chicken Sandwich</p> <p>Sides: *Cooked Green Beans *Cucumber slices *Mandarin Oranges *Assorted Fresh Fruit *Brownie</p>	
18	19	20	21	22	
<p>Entree 1: *Chili Cheese Fritos</p> <p>Entree 2: *Crispy Chicken Sandwich</p> <p>Sides: *Steamed Broccoli *Canned Applesauce *Canned Pears</p>	<p>Entree 1: *Pork Fritter</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Mashed Potatoes *Cooked Green Beans *Cranberry Sauce *Fresh Red Apple</p>	<p>Entree 1: *Soft Shell Taco</p> <p>Entree 2: *Spicy Chicken Sandwich</p> <p>Sides: *Brown Rice *Refried Beans *Canned Peaches *Juice Cup</p>	<p>Entree 1: *Pizza Wheel</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Cooked Cauliflower *Green Pepper Slices *Fresh Clementine *Canned Pineapple</p>	<p>Entree 1: *Fish Sandwich</p> <p>Entree 2: *Grilled Chicken Sandwich</p> <p>Sides: *French Fries *Buttery Green Peas *Mandarin Oranges *Assorted Fresh Fruit *Cookie</p>	
25	26	27	28	29	
<p>Entree 1: *Meatball Sub</p> <p>Entree 2: *Crispy Chicken Sandwich</p> <p>Sides: *Three Bean Salad *Fresh Banana *Raspberry Applesauce</p>	<p>Entree 1: *Chicken Rice Hotdish</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Cooked Carrots *Fresh Green Apple *Canned Fruit Cocktail</p>	<p>Entree 1: *Spaghetti</p> <p>Entree 2: *Spicy Chicken Sandwich</p> <p>Sides: *Breadstick *Steamed Broccoli *Canned Pineapple *Canned Peaches</p>	<p>Entree 1: *Chicken Tenders</p> <p>Entree 2: *Hamburger</p> <p>Sides: *Half Baked Potato *Cooked Green Beans *Canned Pears *Mandarin Oranges</p>	<p>Entree 1: *Corn Dog</p> <p>Entree 2: *Grilled Chicken Sandwich</p> <p>Sides: *Baked French Fries *Cooked Peas *Canned Peaches *Assorted Fresh Fruit *Rice Krispie Treat</p>	