

7th/8th Grade Spring Athletics - 2022

Softball – Baseball - Golf - Track

GET CONNECTED:

www.cathedralcrusaders.org (click on Student Life)

- Be sure to visit "Sports Schedule" (yellow tab to view schedule)
- Under "Spring Sports" all sports have a website – please check for schedules, practices, info, etc.

www.graniteridgeconference.org (the same as clicking on "Sports Schedule" on the CHS site)

- On the RH column you will see 'Maps' for our conference schools
- Click on St. Cloud Cathedral to view daily schedule and choose season schedules by clicking "view schedules"
- Sign up for instant notifications by clicking on world icon in the gray column.

SIGN UP & MISC. INFORMATION:

Registration: Online registration through your Parent Power School Account. Log on and click "pay fees" and then the Soccer ball icon. If you would like to pay by cash/check/later date or use some financial aid, please register your athlete for "Financial Aid" RATHER than their sport. Athletes must also have a current physical (taken within the last 3 years) on file at the school.

Transportation (Not including Lacrosse, Trap and Ultimate): Transportation is provided to all practices. You are responsible for picking up your athlete at their practice location as the bus will NOT bring them back after practice. Buses will also bring them to all of their games/meets, however, if the games/meets are home or "in-town" (ie. South, North JH, Sartell, Sauk Rapids, Kennedy, Whitney), you will pick them up at their game/meet location. If the games/meets are out of town, the bus will bring them back to Cathedral at the Center Gym (door #1). The bus loads at door #22 at Cathedral and leaves at 3:15pm each day for both practices and games/meets. If you are taking your student home from an away game/meet, you must provide the coach with a note – students may only ride back with their parents if they are not riding the bus back.

Grades: Students must maintain adequate academic standards – they are students first and athletes second.

Weather: Weather cancellations will be announced at school and an email sent to parents by 1:30pm whenever necessary. We will send this information out via email to parents, so please make sure you have an email listed in your students account that you can see during the school day.

Questions: Julie Murphy – jmurphy@cathedralcrusaders.org or 257-2120
Emmett Keenan – ekeen@cathedralcrusaders.org - 257-2130

What we expect from our athletes: That they live clean and play hard, play for the love of the game, win without boasting, lose without excuses and never quit. Crusaders are kind to their teammates, coaches and opponents - they treat all with respect. They will respect officials and accept their decisions without question and athletes never forget they are representing Cathedral.

What we expect from our parents: You will keep your emotions and attitudes balanced and that you appreciate a good play, no matter who makes it. Know that the school gets the blame or the praise for how you conduct yourself as a fan. When you see other parents or fans being 'poor sports', speak up. Love your child, respect their teammates, coaches and officials, release them to the game, it's ok to have someone else coach them even if you've been that person up until now. Never forget that you are representing Cathedral. Your child is watching how YOU react – please make them proud and be a good example.

See next page for individual sports information.

Golf Information (Boys & Girls)

Coach: Lauren Hess and TBD

Practices: Practice will start on March 28 at Veteran's Golf Course (if the course is open). Tee times start at 3:50 or 4:30 depending on the day and the team will be done between 5:15-5:45. We are limited on the number of athletes allowed on the course each day, so depending on numbers, a practice rotation schedule will be created. Golfers will have practice approximately 4 times per week.

Fee: \$200

Equipment: Athletes must have their own clubs and golf balls. Dress for the weather! Remember to bring a filled water bottle to practice. Students must wear a polo shirt and khaki/dress shorts/pants/skort for golf meets. Athletes can store their clubs in the Center Gym next to the black rolling shelves with the athletic bags.

Golf course etiquette is MANDATORY. Parents will be called to come pick up your athlete immediately if golf course rules cannot be followed.

Laptops: Players should bring their laptops to practices and home meets. When we have an out-of-town meet where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot.

Baseball Information

Coaches: 8th grade: Mr. Bromenshenkel, Nick Hamak 7th grade: Logan Simones and Mr. Solheid

Practices: Practice starts on March 28 Practices are M-F from 3:30-5:00pm at Whitney Park (we will use field 5 and 8 normally and fields 10, 9 and C2 when the high school team is away). The bus will bring him to practice, please pick him up at Whitney after practice. **7-12th Baseball Meeting for parents on Feb. 28th at 6:30pm in Commons.**

Fee: \$200

Equipment: Glove, cleats, practice clothes (baseball pants/sweatpants), filled water bottle, baseball cap (can purchase a CHS baseball cap for \$20 - we'll email you with details on when/where to purchase). Your son will receive a royal blue jersey for the season – they may wear any color baseball pants for games, most students wear light gray or white with royal blue socks and royal blue belt.

Notes: Players MUST change into their practice clothes before they load the bus each day. Only -10 bats are allowed. We have team issued bats so athletes do not need to purchase or bring their own bat if they do not choose to. Players are encouraged to use their own helmet but it must have the NOCSAE stamp on it. Also, catchers may wear their own equipment if they already have it as long as the helmet has the NOCSAE stamp and NEW: the chest protector worn during the game must have the new NOCSAE rubber stamp on the back, too. We try to play two one-hour games each night (back to back). (If your athlete needs to use a team helmet this year, please let the Activities Office know and they will check one out to you). Athletes can leave their baseball bags on the black shelves in the Center Gym.

Laptops: Players should bring their laptops to practices and home games. When we have an out-of-town game where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot

Softball Information

Coaches: Sarah Desotell and Alex Leintz

Practices: Start on March 28 at Waite Park Rivers Edge Complex - Traut Wells Field (by McDonalds). Practices are M-F from 3:30 - 5:00pm. **There will be a meeting for all 7-12th grade softball parents on Feb. 28th at 6:30pm at Cathedral in Mr. B's room.**

Fee: \$200

Equipment: Glove, cleats, practice clothes (softball pants/sweatpants), filled water bottle. Dress for the weather. Your daughter will receive a royal blue jersey for the season – they may wear any color softball pants for games - most wear light gray. Please wear royal blue socks and if you wear a belt, please wear royal blue.

Extra Notes: Players MUST change into their practice clothes before they load the bus each day. Only 2000/2004 ASA stamped bats are allowed. We have team issued bats so athletes do not need to purchase or bring their own bat. Players are encouraged to use their own helmet but it must have the NOCSAE stamp on it. Also, catchers may wear their own equipment if they already have it as long as the helmet has the NOCSAE stamp. We try to play two one-hour games each night (back to back). (If your athlete needs to borrow a school issued helmet for the season, please let the Activities Office know and they will check one out to you). Athletes can leave their softball bags on the black shelves in the Center Gym.

Laptops: Players should bring their laptops to practices and home games. When we have an out-of-town game where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot.

Track & Field Information

Coaches: Greg Jamison & TBD

Practices: Start on March 21. Practices are Monday-Friday from 3:30-5:00pm - meet in Center Gym to start. **Meeting for athletes and parents on Feb. 28 at 6:30pm in Center Gym.**

Fee: \$200

Equipment: Training shoes that are not typically worn during the school day. Clothes to keep your body warm on days when it is under 60 degrees.

Notes: There will be a meeting for Track & Field parents and athletes on Feb. 28th at 6:30pm at Cathedral (specific location TBD)

Laptops: When we have an out-of-town meets where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot. If they are not returning to CHS from a meet, they should put their laptop bag in a backpack so it is covered from the weather. Athletic bags can be put on the black shelves in the Center Gym during the day.