

# 7th/8th Grade Spring Athletics - 2021

## Softball – Baseball - Golf - Track

### GET CONNECTED:

We utilize [www.graniteridgeconference.org](http://www.graniteridgeconference.org) for all of our activities. Clicking on the **Sports Schedule** button on the Spring Sports page will also bring you to this website.

- On the right hand column you will see **Maps** for our conference schools
- Click on **St. Cloud Cathedral** to view daily schedules
- Click on **View Schedules** to see season schedules
- Sign up for instant notifications by clicking on the world icon in the gray column

### SIGN UP & MISC. INFORMATION:

#### **Registration:**

1. Register online through your **Parent Power School Account**.
2. Click “**pay fees**” and then click on the **soccer ball icon**.
3. If you would like to pay by cash, check, on a later date, or if you are planning on requesting financial aid, please register your athlete for “**Financial Aid**” RATHER than their sport.
4. Athletes must also have a current physical (taken within the last 3 years) on file at the school.

#### **Transportation (Not including Lacrosse, Trap and Ultimate Frisbee):**

Transportation is provided **to** all practices. However, you are responsible for picking your athlete up at their practice location as the bus will NOT bring them back after practice. Buses will also bring athletes to all of their games/meets. If the games/meets are home or “in-town” (ie. South, North JH, Sartell, Sauk Rapids, Kennedy, Whitney), you will pick them up at their game/meet location. If the games/meets are out of town, the bus will bring them back to Cathedral at the Center Gym (door #1). The bus loads at door #22 at Cathedral and leaves at 3:35 pm each day for both practices and games/meets. If you are taking your student home from an away game/meet, you must provide the coach with a note – students may only ride back with their parents if they are not riding the bus back.

**Grades:** Students must maintain adequate academic standards – they are students first and athletes second.

**Weather:** Weather cancellations will be announced at school and an email sent to parents by 1:30 pm whenever necessary. We will send this information out via email to parents, so please make sure you have an email listed in your students account that you can see during the school day.

**Questions:** Julie Murphy – [jmurphy@cathedralcrusaders.org](mailto:jmurphy@cathedralcrusaders.org), 320-257-2120  
Emmett Keenan – [ekeenan@cathedralcrusaders.org](mailto:ekeenan@cathedralcrusaders.org), 320-257-2130

**What we expect from our athletes:** That they live clean and play hard, play for the love of the game, win without boasting, lose without excuses and never quit. Crusaders are kind to their teammates, coaches and opponents - they treat all with respect. They will respect officials and accept their decisions without question and athletes never forget they are representing Cathedral.

**What we expect from our parents:** You will keep your emotions and attitudes balanced and appreciate a good play, no matter who makes it. Know that the school gets the blame or the praise for how you conduct yourself as a fan. When you see other parents or fans being ‘poor sports’, speak up. Love your child, respect their teammates, coaches and officials, release them to the game, it’s ok to have someone else coach them even if you’ve been that person up until now. Never forget that you are representing Cathedral. Your child is watching how YOU react – please make them proud and be a good example.

**\*See next page for individual sports information.**

### **Golf Information**

**Coach:** Vince McStott and Jack Petroske

**Practices:** Practice will start on April 6 at Veteran's Golf Course (the team MAY go to Wapicada at times). Tee times start at 4:15pm and the team will be done between 5:30-5:45. We are limited on the number of athletes allowed on the course each day, so depending on numbers, a practice rotation schedule will be created. Golfers will have practice approximately 4-5 times per week.

**Fee:** \$175

**Equipment:** Athletes must have their own clubs and golf balls. Dress for the weather! Remember to bring a filled water bottle to practice. Students must wear a polo shirt and khaki/dress shorts/pants/skort for golf meets. Athletes can store their clubs in Mr. Nelson's OLD classroom (across from Mr. Wollersheims room in the Center Building).

**Golf course etiquette is MANDATORY.** Parents will be called to come pick up your athlete immediately if golf course rules cannot be followed.

**Laptops:** Players should bring their laptops to practices and home meets. When we have an out-of-town meet where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot.

### **Baseball Information**

**Coaches:** Emmitt Edwards, Joe Bromenshenkel

**Practices:** Practice starts on April 6. Practices are Monday-**THURSDAY** from 3:45-5:15pm at Whitney Park (we will use field 5 and 8 normally and fields 10, 9 and C2 when the high school team is away). The bus will bring athletes to practice, please pick them up at Whitney after practice.

**There will be an informational meeting from Coach Karn on Sat. March 13 at 9:30 am for 1 parent in the North Gym.**

**Fee:** \$175

**Equipment:** Glove, cleats, practice clothes (baseball pants/sweatpants), filled water bottle, baseball cap (can purchase a CHS baseball cap for \$20 - we'll email you with details on when/where to purchase). Your son will receive a royal blue jersey for the season - they may wear any color baseball pants for games, most students wear light gray or white with royal blue socks and royal blue belt.

**Notes:** Players MUST change into their practice clothes before they load the bus each day. Only BBBCOR -3 bats are allowed. We have team issued bats so athletes do not need to purchase or bring their own bat if they do not choose to. Players are encouraged to use their own helmet (especially for COVID protocols regarding sharing equipment), but it must have the NOCSAE stamp on it. As a COVID protocol, athletes are encouraged to wear batting gloves when batting. Also, catchers may wear their own equipment if they already have it as long as the helmet has the NOCSAE stamp and NEW in 2021: the chest protector worn during the game must have the new NOCSAE rubber stamp on the back, too. We try to play two one-hour games each night (back to back).

**Laptops:** Players should bring their laptops to practices and home games. When we have an out-of-town game where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot

### **Softball Information**

**Coaches:** Sarah Desotell and Alex Leintz

**Practices:** Start on April 6 at Waite Park Rivers Edge Complex - Traut Wells Field (by McDonalds). Practices are Monday- **THURSDAY** from 3:45-5:15pm. **There will be an informational softball meeting on Th, March 25 at 6:30pm for athletes + 1 parent (7th-12th grade). 7/8 graders are invited to start practice with the high school team on March 30th - stay tuned to emails.**

**Fee:** \$175

**Equipment:** Glove, cleats, practice clothes (softball pants/sweatpants), filled water bottle. Dress for the weather. Your daughter will receive a royal blue jersey for the season - they may wear any color softball pants for games - most wear light gray. Please wear royal blue socks and if you wear a belt, please wear royal blue.

**Extra Notes:** Players MUST change into their practice clothes before they load the bus each day. Only 2000/2004 ASA stamped bats are allowed. We have team issued bats so athletes do not need to purchase or bring their own bat. Players are encouraged to use their own helmet (especially for COVID protocols regarding sharing equipment), but it must have the NOCSAE stamp on it. COVID protocols encourage athletes to wear batting gloves when batting. Also, catchers may wear their own equipment if they already have it as long as the helmet has the NOCSAE stamp. We try to play two one-hour games each night (back to back).

**Laptops:** Players should bring their laptops to practices and home games. When we have an out-of-town game where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot.

### **Track & Field Information**

**Coaches:** Greg Jamison & Maddie Curtis

**Practices:** Start on April 6. Practices are Monday-Friday from 3:30-5:00pm - meet in Center Gym to start.

**Fee:** \$175

**Equipment:** Training shoes that are not typically worn during the school day. Clothes to keep your body warm on days when it is under 60 degrees.

**Extra Notes:** You are invited to come in and practice with the varsity team any day starting on March 29th if you'd like - this is not required.

**Laptops:** When we have out-of-town meets where the bus will be returning to Cathedral, the players should leave their laptops in their school lockers as this is the safest spot. If they are not returning to CHS from a meet, they should put their laptop bag in a backpack so it is covered from the weather.